



All Placenta Services include:

- Dear Doula Self-Care Kit
- Full email, text and phone support from the time we decide to work together through infinity and beyond ;)
- Placenta and discounts on all Dear Doula offerings and products

Simply Placenta // \$335

- Placenta Encapsulation
- Choice of Preparation Method
- Pick up // Delivery
- Placenta Guide
- Umbilical Cord Keepsake

Pamper My Placenta // \$385

- Placenta Encapsulation
- Placenta Hooch
- Simply Salve
- Choice of Preparation Method
- Pick up // Delivery
- Placenta Guide
- Umbilical Cord Keepsake
- Placenta Art w/ frame
- Dear Doula Zen Gift

a la carte

Placenta Hooch // \$45

Simply Salve // \$25

Framed Placenta Art // \$15

DEFINITIONS

Placenta Encapsulations

This is a method where the placenta is dehydrated and made into pill form. An average placenta yields 75-200 capsules (amount varies based on the size of the placenta). Your capsules, which resemble any other herb or vitamin, will store safely in your freezer for years. In addition to immediate postpartum benefits, they may be saved for use at future times when you may experience a decrease in milk supply, PMS, mood swings, or even stored long-term for use during menopause.



Placenta Hooch*

This is method where the placenta is made into a tincture with a high-grade alcohol. The Placenta Hooch (tincture) is an added bonus that can be used in addition to and long after the capsules are gone. The Tincture takes about 6 weeks to prepare and is made with a process of using a small piece of the placenta in a high-grade alcohol.* With a tincture you can prolong the benefits of your placental hormones even longer! The tincture can be used to ease any symptoms of trauma, transition, emotional distress, or even during menopause.

*This is my fun way of saying tincture.

Note: At this dilution, the alcohol does not have any intoxicating effects. It is less alcohol than is found in regular cough medicine.

Healing Placenta Salve

This method consist of a super fine portion of your processed placenta powder and infuses it into our high quality, healing cream/salve base. Placenta has long been used in skincare for its healing and restorative properties. (There are a number of expensive anti-aging beauty products containing "sheep placenta extract" as the secret ingredient. Your own placenta is much more potent and still completely safe to use when prepared like this.) Placenta salve is rejuvenating, healing, and can be used topically on closed surgical scars, diaper rashes, insect bites, perineal tears (wait until stitches dissolve), or any other skin ailment.